MPLOYMENTTIMES

MAKING OPPORTUNITIES

KNOCK

Sunday November 28, 2010

Recent research by Wayne Hochwarter, a professor of management at Florida State and associate Samantha Engelhardt investigated differences in employees' responses to abusive supervisors. Their study included more than 180 employees from a range of professions and built on 2006 research that assessed the effects of abusive bosses on employees' health and job performance.

Wayne Hochwarter explained:

softlogic

"Our goal was to isolate those who reported daily abuse from those who did not." The researchers found significant differ-

ggression at work

ences between the two groups.

Of those who reported abuse:

30 per cent slowed down or purposely made errors (compared with 6 per cent of those not reporting abuse)

27 per cent purposely hid from the boss (compared with 4 per cent)

33 per cent confessed to not putting in maximum effort (compared with 9 per cent) 29 per cent took sick time off even when not

ill (compared with 4 per cent) 25 per cent took more or longer breaks (com-

pared with 7 per cent) They also found that participants not reporting abuse were three times more likely to be proactive in solving problems they experienced in the workplace, including

perceived abuse.

Wayne Hochwarter commented: "The data do not allow us to definitively state if abuse leads to these reactions, or if managers are just responding to their subordinates' less-than-stellar behaviour. However, it is clear that employee-employer relations are at one of the lowest points in

Researchers highlight the importance of "basic civility" and effective communication when addressing many workplace prob-

Wayne Hochwarter said:

"Without communication, there can be no trust. And without trust, you're going to have your share of employee-manager

Referring to his earlier research findings Wayne Hochwarter added:

"Employees stuck in an abusive relationship experienced more exhaustion, job tension, nervousness, depressed mood and mistrust. They also were less likely to take on additional tasks, such as working longer or on weekends, and were generally less satisfied with their job. Also, employees were more likely to leave if involved in an abusive relationship than if dissatisfied with

General Public Identified As Primary Source

Almost half of U.S. employees have been subjected to aggression in the workplace, with customers, clients and patients being the main source of attacks, according to a comprehensive national survey of workers reported in the Handbook of Workplace Violence published by Sage in 2006.

"The stereotypical belief that large numbers of employees are 'going postal' is a bit of a myth," says Aaron Schat, assistant professor at the DeGroote School of Business at

McMaster University. Americans experience psychological or physical aggression while on the job. Interestingly, workers pinpoint the general public as the most significant source of this aggression, as opposed to other co-workers or supervisors.'

The survey found that about 47 million employees have experienced acts of psychological aggression at work, including:

being screamed at, insulted, or threatened with physical violence.

Physical violence at work, such as being slapped, kicked or attacked with a weapon, were less common. Only 6% of employees nearly 7 million people - reporting exposure. The vast majority of workers (96%) who experienced physical violence also reported some form of psychological buse. A mere 0.26% - representing about 300,000 workers experienced physical violence alone

Almost 25% of respondents reported they were victims of aggression from members of the public (customers, clients or patients) 15% said they were victims of aggression

from other employees 13% reported aggression from supervisors

or bosses Schat explained, "Exposure to aggressive behaviour at work is associated with a wide range of negative consequences for individuals and organizations, including negative work attitudes, reduced well-being, and, in cases of physical violence, bodily injury or death. The fact that such a large percentage of the American population has experienced workplace aggression demonstrates the need to address it." -hrmguide.com

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Subject

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Human Resources...

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There is currently an immense demand for workers in these fields which we could meet if young people are given the opportunity to do

Today students are not much inclined to taking on vocational training mainly because there is not much recognition in society for those who have trained in those disciplines. Therefore it is necessary to give recognition to vocational training for students by giving prominence to it as a recognized qualification. A carpenter or a welder could earn far more than a graduate but we treat those career choices with less respect because they do not get the recognition that they deserve.

Q) What do you think are the long-term benefits of such an implementation?

A) If a person is qualified in a skilled job he would be able to secure an employment opportunity even outside the country if there are no opportunities available in Sri Lanka as there is a great demand for skilled persons overseas. By securing a job outside Sri Lanka they will be able to earn foreign exchange for the country, gain experience in the respective discipline, gain exposure to working in an overseas country and come back to the country after a few years. They might even be able to start their own business in a small way after specializing in a particular field. This process could also help to solve the unemployment problem to a large extend.

The National Apprentice and Industrial Training Authority (NAITA) is conducting such vocational training at present but I believe we should have more technical institutions to provide such training to more students. The Government at this time is keen on development activities, particularly the development of infrastructure facilities in the country. In order to achieve these objectives we need to ensure that we have skilled workers to meet the market demand. At the same time we also need to ensure human resources development in other professional areas such as engineering, accountancy, agriculture etc.

In order to have a proper assessment of the Human Resources requirement in the country we may have to carry out a survey to identify the country's demand for Human Resources in different disciplines if such a survey has not already been done.

Olindhi Jayasundere